

VIDYASAGAR UNIVERSITY

A Project Work

On

A Comparative study on health status between Beautician and Housewife (20-30 Years)

This project work is submitted for the partial fulfillment for the award of
degree of B.Sc. (Hons) from Vidyasagar University



Submitted by

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TO WHOM IT MAY CONCERN

This is to certify that Srabani Kotal (Roll:1125129; No:190117 ; Reg. No.:1290937 of Session: 2019-2020) a student of B.Sc. Semester 5, Dept. of Nutrition, under Vidyasagar University, Paschim Medinipur, has completed her project work under my guidance on the topics 'A comparative Study on Health Status between beautician and housewife' for the partial fulfillment for the award of degree of B.Sc. from Vidyasagar University.

I am satisfied for her performance. She is energetic and up to date in her work; I wish success in her life.

Date: 00/02/2022

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Vocabulary finds no appropriateness to express my heartfelt love and thanks from the very core of my heart to my classmates and juniors for their constant encouragement and help throughout the study.

15.02.2022
Date:

Srabani Kotal
Sincerely

ABSTRACT

Life style and occupation of a person affects his /her health. In the present study a survey was conducted to compare health status between Beautician and Housewife. The survey was carried out at Madhakhali, Purba Medinipur, West Bengal. The data was collected for beautician (n=10) and for housewife (n=10). Difference measurements like height, weight, blood pressure, pulses rate, waist circumferences and hip circumferences, body fat (biceps, triceps) by measuring skinfold thickness),were carried out. The participans were asked about their total working time, symptoms and diseases. It was found that there was no significant ($p>0.05$) differences in body mass index, waist-hip ratio, pulse rate, systolic pressure, pulses pressure , biceps, Beautician and Housewife. But it has noticed the diastolic pressure were significantly ($p<0.05$) lower in shopkeepers as compare to beautician, whereas total working time of Housewife were significantly ($p<0.05$) higher as Beautician. It was observed that more percentage of Beautician were suffering from constipation, hand pain, flatulence and nousea vomiting as compare to service holder whereas, more percentage of Housewife were suffering from flatulence, fatigue, constipation, and hand pain.

Keywords: Beautician and Housewife Health Comparison, Body mass index, Waist-hip ratio, pulse rate, pulse pressure, biceps triceps, blood pressure and symptoms.

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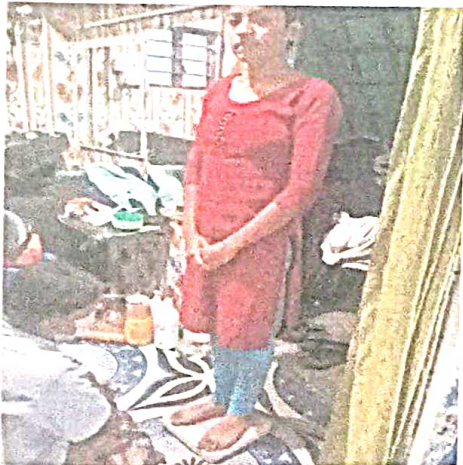
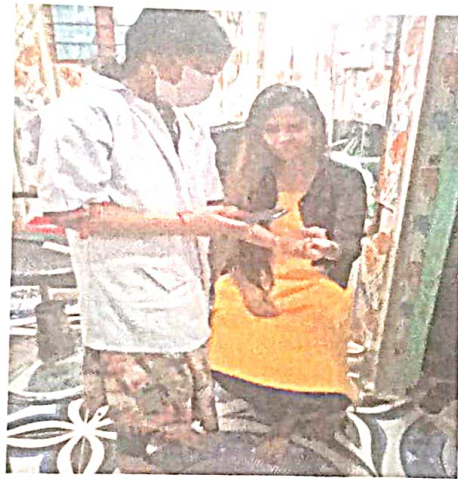
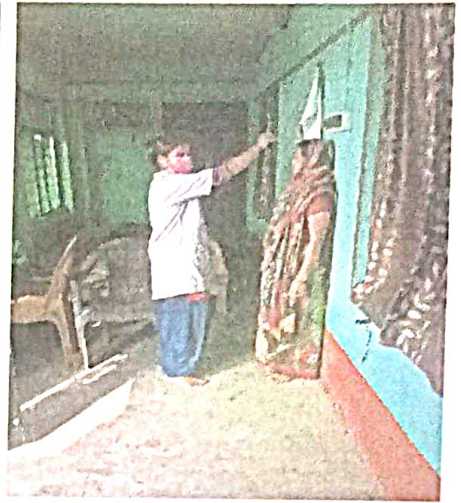
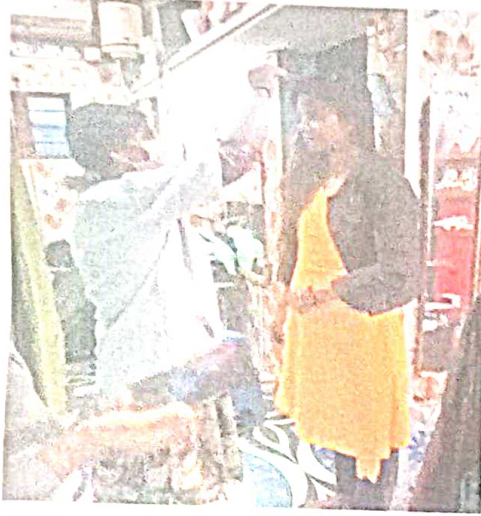


Plate 1: Different activities during survey of Beautician and Housewife of Bhagwanpur-II Block area